



**ARCHDIOCESE OF PHILADELPHIA**  
**CYO Athletic Ministry**  
**2008-09 Coaches Training Descriptions & Schedule**

The CYO Coaches Training has just been updated to include a new online option. The new requirements are as follows:

**Before coaching any CYO team**, all coaches (head & assistants) **must either**:

- Attend the in-person **Coaches Orientation** seminar (see attached schedule)

**OR**

- Take the new **Online Catholic Coaching Essentials** before coaching at all **AND** attend the **Coaches Orientation during the first year** of coaching CYO sports (e.g. Coach Volleyball – Online course before you start coaching at all; attend Coaches Orientation by the April date; or Coach Basketball – Online course immediately followed by Coaches Orientation by the October, 2009 session)

[http://www.asep.com/asep\\_content/org/CYOPHIL.cfm](http://www.asep.com/asep_content/org/CYOPHIL.cfm) (Press Control button and click on link to open, if this does not work, please copy and paste address to your browser.)

The **online Catholic Coaching Essentials** course is designed to familiarize coaches with both the basic approach to being an effective youth sports coach and the Catholic framework from which we carry out this ministry. Should a coach not be able to attend the Coaches Orientation prior to their first CYO coaching opportunity, this online course is required up front. **This new requirement is on a “best efforts” basis for Fall Sports and is mandatory beginning with the Winter, 2009 CYO season.**(click here to take course [http://www.asep.com/asep\\_content/org/CYOPHIL.cfm](http://www.asep.com/asep_content/org/CYOPHIL.cfm) )

**The CYO Coaches Orientation** is a one-day seminar that provides assistance and training for coaches. It is designed to inform and develop the Catholic Coach. It consists of three parts:

- 1) **Philosophy & Mission** – Discusses the CYO sports philosophy of coach as athletic minister. Addresses the Mission Statement and provides tips on how coaches can create their own mission statement, define a “successful season” and communicate them effectively, as well as practical tips to manage a CYO team.
- 2) **Sports Medicine & CYO Christian Values** – Discusses growth patterns, injuries and youth development in relation to participating in sports. Addresses the responsibilities and blessings of being a Catholic coach.
- 3) **Coaching from the Heart** – Discusses the importance of being a baptismal coach in light of the current present realities of the American sports culture. Also gives references and suggestions that give us the freedom to “coach from the heart” both spiritually and practically.

**Please communicate these requirements and the attached schedule to all CYO coaches.**





**2008-09 Coaches Orientation Schedule**  
**Cost: \$15.00 per person**  
**NEW: Pre-Registration Preferred**  
**(Expect to have in place in August)**

DATE 2008-2009	LOCATION	REGISTRATION TIME	PROGRAM TIME
Sat. August 9 <sup>th</sup> (*2 <sup>nd</sup> Saturday)	St. Denis, Havertown <a href="http://maps.google.com/maps/ms?hl=en&amp;ie=UTF8&amp;msa=0&amp;msid=117103071797159678401.000453196e58f4a357497&amp;z=19">http://maps.google.com/maps/ms?hl=en&amp;ie=UTF8&amp;msa=0&amp;msid=117103071797159678401.000453196e58f4a357497&amp;z=19</a>	8:30 AM	9:00 AM – 3:00 PM
Sat. Sept. 20 (*3 <sup>rd</sup> Saturday)	Pope John Paul II RCS, Philadelphia	8:30 AM	9:00 AM – 3:00 PM
Sat. Oct. 11 (*2 <sup>nd</sup> Saturday)	TBA (Montgomery County)	8:30 AM	9:00 AM – 3:00 PM
** <b>Sat. Dec. 13</b> <b>(*2<sup>nd</sup> Saturday)</b>	TBA (Philadelphia)	8:30 AM	9:00 AM – 3:00 PM
Sat. January 24 (*4 <sup>th</sup> Saturday)	St. Thomas the Apostle, Chester Heights	8:30 AM	9:00 AM – 3:00 PM
March 10 & 12 (*1 <sup>st</sup> Tues./Thurs.)	Archdiocesan Office Ctr Philadelphia, PA	6:30 PM	7:00 PM – 9:00 PM
Sat. April 18 (3 <sup>rd</sup> Saturday)	TBA (Chester County)	8:30 AM	9:00 AM – 3:00 PM

\* Denotes when Coaches Orientation will take place each year

\*\* Revised as-of 7/30/2008

